



**VIKAS BHARATI PUBLIC SCHOOL
SESSION: 2025-2026
CLASS: V
HOLIDAY ASSIGNMENT**



**Hike mountains, run through meadows
Explore forests, swim in the sea
Climb trees, breathe the wild air
Gaze at the stars, it is summer time !**

Dear Parents,

As parents, it is important to invest your time with your children now. Enjoy their childhood as in a few years from now they'll be all grown up and on their own!

To cherish these moments, here's a list of suggested activities which you can enjoy with your children:

- **Share stories about your childhood and your family history.**
- **Take at least two meals together with your children. Ask them not to waste their food and explain to them, the importance of the hard work the farmers do to grow food.**
- **Allow them to help you in the kitchen or other household chores. Children learn dignity of labour from such activities.**
- **Allow your children to read as many age-appropriate story books, as possible.**
- **Keep your children's screen time limited. Screens include T.V., mobile phones, computers and other electronic gadgets.**
- **Avoid giving junk food like chocolates, jellies, cakes, wafers, aerated drinks, fried stuff. Cultivate a healthy eating habit among your children.**
- **Guide them to complete the holiday homework.**

**Make the most of the summer break and
enjoy this time with your children.**

Regards

Headmistress

Note: Students should join back on Tuesday, 1 July 2025.



❖ Do 15 pages of cursive writing (In English Test notebook)

❖ Revise all the topics done till now in the class.

❖ **Read any one book from the given list:**

The Race of My Life : An Autobiography Milkha Singh (Athletics)

Unbreakable : An Autobiography Mary Kom (Boxing)

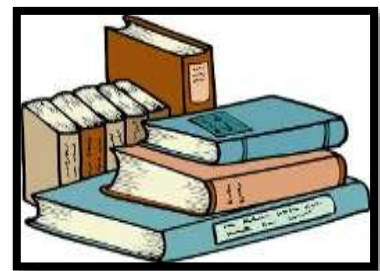
Playing to Win : Saina Nehwal (Badminton)

A Shot at History : Abhinav Bindra (Shooter)

The test of my life : Yuvraj Singh

Playing it my way : Sachin Tendulkar

Activity: Summarize the following details of the chosen sportsperson from the list given above on an **A3-size sheet** and paste relevant pictures.



Family, # Challenges, # Inspirations, # Achievements
OR

❖ **Create your own ‘Travel Itinerary’** for the place you visited during your summer break. You can add the following points in your travelogue:

- Name of the place visited, number of family members, number of pets, duration.
- Accommodation (Name and address of the hotel)
- Tourists spots and restaurants visited.
- Budget



❖ **Project work (will be assessed for Periodic Test -1)**

17th June is “Father’s Day”. Make it special for your father and surprise him in a thoughtful manner. ***DESIGN AN ENGLISH MAGAZINE:** a. Design an attractive cover page of the magazine. b. Give a creative name to the magazine c. The page of proverbs d. Crossword e. Advertisement (Draw it yourself Chocolate, Cold drinks, Stationery items) f. Cartoon Strip (Draw it yourself) (any three). g. Write how you made it special for him. Make a list of 10 nouns that you have used in the magazine on an A-4 sized sheet and write their kinds.

Note: The activities should be done on A4 sheets (unless specified).

हिंदी

1— परियोजना कार्य — 'प्रदूषण' किसे कहते हैं। '20–30 शब्दों में लिखिए।' प्रदूषण कितने प्रकार के होते हैं, उनके नाम लिखकर प्रत्येक प्रकार का एक-एक चित्र चिपकाएँ। (परियोजना कार्य का आंकलन नियतकालिक परीक्षा - 1 में किया जाएगा।)



2— 15 पृष्ठ सुलेख करें। यह सुलेख हिंदी कक्षा परीक्षा कॉपी में करें। सुलेख करने के लिए नीले और काले पेन का प्रयोग करें।



3— 'आतंकवाद मुक्त भारत' पर एक पोस्टर बनाएँ तथा उससे संबंधित एक स्लोगन भी लिखें। पोस्टर को विभिन्न रंगों से सजाएँ। पोस्टर की भाषा केवल हिंदी होनी चाहिए।

4— नियतकालिक परीक्षा-1 का पूरा पाठ्यक्रम याद करें।



1. Revise tables 2 to 20.
2. Complete page 4, 7, 10, 11, 12 and 13 in Joy with Mathematics (Mathematics Booklet)
3. Revise all the chapters done till now in class.



Note: The activities should be done on A4 sheets (unless specified).

4. Project Work : Topic: Roman Numerals (will be assessed in Periodic Test-1).

1st Sheet

❖ Topic / Cover Page

Draft the first page of your project 'MATHEMATICS PROJECT': It should have –

- ✓ Your name
- ✓ Class and Section
- ✓ Roll Number
- ✓ Topic - Roman Numerals

2nd Sheet

❖ Basic Symbols: Depict the seven basic symbols used in Roman Numerals using matchsticks or earbuds.

3rd Sheet

❖ Rules: Write any four rules related to Roman Numerals.

4th Sheet

❖ Activity – 1: Paste / Draw 2 pictures showing the use of Roman Numerals in daily life.

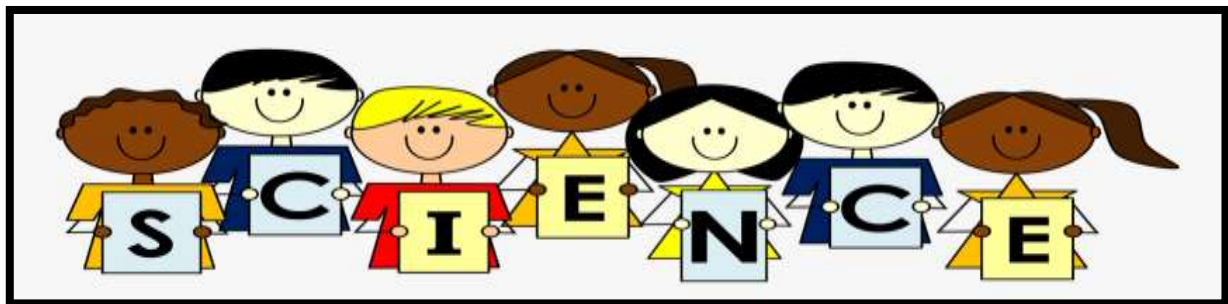
5th Sheet

❖ Activity – 2 : Paste pictures of 5 Indian Cricketers who played IPL 2025. Write the total runs scored by each in IPL 2025 in Roman Numerals.

Important :- Kindly note the new dates of Mathematics Internals

**2 July 2025 – Subject Enrichment – HOTS related to Ch-1, 3 and 4
(except Roman Numerals)**

3 July 2025 – Multiple Assessment – Mental Maths sheet



❖ Poster Making: - Make a poster on the Environmental Issues of Sikkim.

❖ Project work : to be done in the project file (will be assessed in Periodic Test-1).

 **Project Title: “My Food and Health Diary”**(Pictures to be drawn on blank sheet and written part to be done on ruled sheet.)

Cover Page:

- Title: “My Food and Health Diary”
- Decorate with food stickers, drawings, or magazine cutouts of fruits and vegetables.

Note: The activities should be done on A4 sheets (unless specified).

Page 1: My Healthy Plate

- Draw or paste a paper plate.
- Divide it into 5 sections: **Fruits, Vegetables, Cereals, Proteins, Dairy products.**
- Cut and paste pictures of 2–3 examples in each category.
- Write a short note: “A healthy plate gives me energy to learn, play and grow!”



Page 2: My Food Log (for 2–3 days)

- Make a simple table:

Day	Breakfast	lunch	Evening snack	Dinner	Healthy/Unhealthy

- For each day, use color-code:
 - ☒ Green for healthy meals
 - ☐ Red for unhealthy/junk food



Page 3: Superfood Superhero

- Pick a healthy food (e.g., spinach, carrot, apple).
- Draw it as a **superhero character** with a name (e.g., “Captain Carrot”).
- Write 3–4 lines about:
 - What it does for our health?
 - Why is it considered a superfood?

Page 4: A Balanced Diet everyday -keeps diseases away

- Paste pictures of any 4 deficiency diseases and write the names of the deficient nutrient and two food items rich in that nutrient.

Page 5: Fun Food Facts

- Write 5 interesting food facts. Example: A watermelon is 92% water!

Note: The activities should be done on A4 sheets (unless specified).



Project work (will be assessed in Periodic Test-1).

Design a colourful poster on A3 size sheet promoting safety measures for any one of the natural disasters.

(Refer pages 34 to 35 of your textbook for Natural disasters)

Sections-

What is it?

How does it form?

What to do during and after this disaster?

- Poster should be pictorial, informative, and eye-catching.
- Write your Name, Class, and Section at the back of the poster.



- All About Art & Craft: Pg 23, 24 & 31
- Adore Art: Pg 2,10 (do in Adore Art)
- Craft: Folder Design (You can also design the folder of your choice)



<https://youtube.com/shorts/Fy1oWnuVORY?si=V6eKRHasuZfEE9w>

<https://youtube.com/shorts/YmQy1vZl-mE?si=Wn27-oUqyTDjaGuG>



Note: The activities should be done on A4 sheets (unless specified).